Overview of Body, Soul and Spirit
Output (Expression) and Input (Feeding)
- Each individual makes choices that express either the spirit or anti-spirit (self) within them — Matthew 15:11, 18
- Each individual chooses what input is allowed into the soul and then feed either spirit or anti-spirit (self) — 1 Corinthians 15:33

The Physical Body – The SEEN Realm
- Like outer court of the temple — Ezekiel 46:21; Hebrews 9:9
- Used to express both soul and the spirit core
- Designed to function in relationship with other humans
- Keeps us separate and distinct from others
- Develops at a quantifiable (observable and measurable) pace over time to arrive at physical adulthood
- Grows without soul or spirit core input but is affected by both
- Has a finite size and is limited in age
- Will decay, die and then return to dust after death

The Soul – The UNSEEN Realm
- Like Holy place in the Temple — 2 Chron. 29:5; Matt. 24:15; Heb. 9:2
- Free Will, Thoughts & Emotions are component parts of the soul that combine to form the ‘personality’ which defines individual uniqueness
- Growth and development of the soul are quantifiable over time and generally follow physical development
- Eternal in nature it is limited in scope when encased in the body
- Can be wounded and healed just like the body

Spiritual Veil
- Like veil that separates Holy Place from Most Holy Place — Exodus 26:31-33; 2 Chronicles 3:14; Hebrews 9:3
- Hides the spirit core from the soul

The Spirit Core – The UNSEEN Realm
- Like Most Holy place in the temple — 2 Chron. 6:2; Hebrews 10:19-20
- Expressed through the soul and the body and is called ‘character’
- Expression of spirit is called ‘good character’ and expression of anti-spirit (self) is called ‘evil or wicked character’
## Detail of Body and Soul

### The Physical Body

<table>
<thead>
<tr>
<th>The SEEN Realm</th>
<th>Output to the Body (Expression)</th>
<th>The UNSEEN Realm</th>
<th>Input from the Body (Feeding)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Free Will</td>
<td></td>
<td>All output is an expression of internal character either spirit or anti-spirit (self)</td>
</tr>
</tbody>
</table>

- Constant that determines what input comes into the body and soul and what goes out from the spirit core
- Sovereign but can be manipulated into making self destroying choices

### The Soul (Personality)

<table>
<thead>
<tr>
<th>The Soul (Personality)</th>
<th>Thoughts</th>
<th>Emotions</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

- Brings intelligence, logic, reason and sense to guide and assess input to and output from the spirit core
- Thoughts can also be deceived and manipulated by anti-spirit (self)

- Brings emotions, feelings and involvement to tie body and soul to the spirit core
- Feelings can also be deceived and manipulated by anti-spirit (self)

### Emotional Area  

#### Spiritual Veil

#### Spiritual Veil

<table>
<thead>
<tr>
<th>Spiritual Veil</th>
<th>Nurture</th>
<th>Harm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Spirit Growth</td>
<td>Anti-spirit Growth</td>
</tr>
<tr>
<td></td>
<td>Input Healing</td>
<td>Input Hurt</td>
</tr>
<tr>
<td></td>
<td>Positive character development</td>
<td>Negative character development</td>
</tr>
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<tr>
<td></td>
<td>Output Peace</td>
<td>Output Chaos</td>
</tr>
<tr>
<td></td>
<td>Selflessness</td>
<td>Selfishness</td>
</tr>
<tr>
<td></td>
<td>More light</td>
<td>More darkness</td>
</tr>
</tbody>
</table>

### The Spirit Core (Character)
Detail of Spirit Core

Selflessness leads to Spirit Growth
- Growth comes through embracing the eternal cross of Christ, accepting sacrifice, hardship and suffering which reduces anti-spirit (self) mass (resistance over time) and increases spirit mass (spiritual maturity or character) which is seen as childlike faith (lowly, loving, trusting and forgiving) and selflessness.
- Movement is achieved by repentance of evil works (self) — Ezekiel 18:27
- Built by choices to be obedient to Jesus
- The Holy Spirit connects to spirit to lead and guide us — Malachi 2:16
- Eternal in nature as the spirit comes from God
- God’s will

Biblical Descriptions of Spirit as Manifested in Humans
Appreciative, benevolent, brotherly affection, compassionate, conscientious, considerate, continence, courteous, even temper, excellence, faithful, forbearing, forgiving, gentle, glad, godly, good, harmony, honest, hopeful, hospitality, humility, impartial, innocence, joy, just, kindness, knowledgeable, long-suffering, loving, meek, mercy, mild, noble, pardoning, patient, peaceful, pure, righteous, self-control, sincere, spiritual insight, steadfast, straightforward, tenderhearted, thankful, trusting, truthful, undefiled, unselfish, upright, virtuous, wholehearted

Selfishness leads to Anti-spirit Growth
- Growth comes through rejecting the eternal cross of Christ, embracing selfishness, self will and self love which reduces spirit mass (resistance over time) and increases anti-spirit (self) mass (immaturity and inhumaness) which is seen as childishness (proud, bitter, distrustful and unforgiving) and selfishness.
- Movement is achieved by repentance of good works (spirit) — Ezekiel 18:24
- Built by choices to be selfish
- The flesh of others and the demonic connects to anti-spirit to affect us
- Comes from Adam’s disobedience to God
- Self will

Biblical Descriptions of Anti-spirit (Self) as Manifested in Humans
Abuse, adultery, anger, animosity, arrogant, base, betrayal, bitterness, blasphemy, boasting, brawling, callous, careless, carousing, cheating, coarse jesting, conceit, conscienceless, contentious, covetous, cursing, debauchery, deceitful, defying of self, depravity, disorderly, dissension, divisions, drunkenness, enmity, envy, evil speaking, factions, faithless, false accusing, filthiness, frettful, gossiping, greedy, hateful, heartless, high-minded, homosexuality, hypocrisy, idolatry, ill will, immorality, impurity, indecency, indignation, inhumaness, iniquity, insincerity, insolence, intrigues, irreverence, jealousy, lawless, lying, licentious, lustful, malice, merciless, obscenity, obstinate, perjury, perpetual friction, presumptuous, pretence, pride, profanity, protracted wrangling, quarrelling, rage, rebellious, resentment, reviling, rivalry, robbery, rude, scoffing, secret backbiting, self-assertion, self-centered, self-conceit, self-gratification, selfish, self-loving, self-seeking, senseless, sensuality, sexual vice, slander, snobbish, sorcery, spiritual apathy, spiteful, swindling, thievery, thoughtless, treachery, troublemaking, unbelieving, ungodly, ungrateful, unholy, unrighteous, vainglorious, wasteful living

Spiritual Veil
The spiritual veil conceals the spirit core from the soul to hide and disguise the roots of thoughts, emotions and motives. This veil must be torn in two by Jesus otherwise the individual is prone to self deception, blindness and living out of their soul. — Matthew 27:51; Mark 15:38; Luke 23:45
Nature of Spirits That Affect the Individual

**God**
- God’s Spirit draws spirit to Himself
- God is uncreated with eternal, unlimited power
- The force of God’s Spirit increases with proximity and proximity increases with Spirit-led obedience – Romans 8:13-15
- God never violates free will
- God is Life, Light, Love and Truth – John 1:4, 14:6
- God always encourages selflessness and Christ-likeness – Galatians 5:22-23

**satan and demons**
- satan’s anti-spirit draws anti-spirit to himself
- satan is created with limited power and will be destroyed
- The force of satan’s anti-spirit increases with proximity and proximity increases with self-led actions and disobedience
- satan always violates free will with duplicity and manipulation
- satan is death, darkness, hate and lies
- satan always encourages self-will, selfishness and idolatry – Galatians 5:19-21

**Attractive Nature of Spirit**
- Spirit attracts spirit - John 6:44
- Spirit momentum will increase with spirit mass
- Spirit maturity = spirit mass = good character
- Increased humility, peace, selflessness and truth

**Repulsive Nature of Spirit**
- Spirit repels anti-spirit - 2 Cor. 2:16
- Increases with decreased anti-spirit mass
- Resistance to anti-spirit over time (patient endurance) (Eph. 6:13) produces good character (spirit mass)

**Attractive Nature of Anti-spirit (self)**
- Anti-spirit attracts anti-spirit - 2 Thess. 2:10
- Anti-spirit momentum increases with anti-spirit mass
- Anti-spirit maturity = anti-spirit mass = evil character
- Increased pride, chaos, selfishness and lies

**Repulsive Nature of Anti-spirit**
- Anti-spirit repels spirit - Matthew 24:10
- Increases with decreased spirit mass
- Resistance to spirit over time (Acts 7:51; Ro. 13:2) produces ever stronger inhumaness (anti-spirit mass)

The course of a person’s life is a series of opportunities and grace to choose a master, either God or satan disguised as self. In the end a person can only serve one master and they will despise the other. Once the choice has been made and the grace to repent (probationary life) has ceased then that person will face the consequences or the results of their decision.

The [basis of the] judgment (indictment, the test by which men are judged, the ground for the sentence) lies in this: the Light has come into the world, and people have loved the darkness rather than and more than the Light, for their works (deeds) were evil." — John 3:19

And this is the inscription that was written, mene, mene, tekel, upharsin—numbered, numbered, weighed, divisions. This is the interpretation of the matter: mene, God has numbered the days of your kingship and brought them to an end; tekel, You are weighed in the balances and are found wanting; peres, Your kingdom and your kingship are divided and given to the Medes and Persians.

— Daniel 5:25-28

All the ways of a man are pure in his own eyes, but the Lord weighs the spirits (the thoughts and intents of the heart).— Proverbs 16:2

The spirit core of every individual human is affected by their choices for either spirit or anti-spirit (self). With each choice, or repentance from previous choices, spirit or anti-spirit (self) will grow in both mass and momentum. Every individual is given a finite amount of grace to repent (probationary life) from their actions while they are in the body and thus reverse the choices, both good and bad, they made earlier. When the grace to repent (probationary life) has run out then the state of the soul and the spirit core is judged by God to see if the light outweighs the darkness.
This stage of a person’s life is full of back and forth battles between spirit and anti-spirit so it is the most dangerous place to be spiritually. If one were to die in this state their eternal destination would not be an easy determination. There will be continual confusion around body, soul and spirit issues. Every decision for spirit will be a battle since the believer’s default nature is anti-spirit. Resistance to spirit or ant-spirit will depend on the spiritual age of the believer. If there is no concerted effort to feed spirit by actively seeking God for relationship and pursuing a life of self-sacrifice then the end result will be that anti-spirit will grow in mass and momentum.

**Characteristics of Stage 1 Spirit**
- Growing desire for self-sacrifice
- Some peace, some light, some love
- Growing obedience to God’s will

**Characteristics of Stage 1 Anti-Spirit**
- Growing desire for self, self will and selfishness
- Some chaos, some darkness, some evil
- Growing disobedience to God’s will
Judgment of Stage 2 Spirit and Anti-spirit

Young man
Maturing spirit

- Fighting vigorously for spirit, battling the world, flesh and devil
- Growing expressions of fruit of the Spirit and love
- Growing passion for relationship with Jesus
- Increasing resistance to anti-spirit with sacrifice of self
- Decreasing focus on the soul, leaning heavily on spirit
- More peace, more light, more love
- Crucifixion and death of the sin nature (anti-spirit)

Growing Inhumaness
Maturing anti-spirit

- Giving into selfishness, self will and fighting God’s Spirit
- Growing expressions of selfishness & self will
- Growing apathy for relationship and a desire for singleness
- Increasing resistance to spirit with selfish choices
- Increasing focus on the soul, leaning heavily on anti-spirit
- More chaos, more darkness, more evil
- Hardening of the heart toward spirit

Characteristics of Stage 2 Spirit

Characteristics of Stage 2 Anti-Spirit
Characteristics of Stage 3 Spirit
- Complete intimacy with God in pursuit of His Spirit
- Complete sacrifice of self for God
- Mature fruits and deeds of the spirit — Galatians 5:22-23
- Mature expression of Love — 1 Corinthians 13
- Vibrant and growing spirit, weak and ineffective anti-spirit
- Unable to repent of good works — Phil. 3:11; Eph. 3:19; 1 Peter 4:1-2
- Increasing focus on spiritual needs and less focus on bodily cares and concerns
- Much peace, much light, much love
- Resurrection and eternal life in Jesus

Characteristics of Stage 3 Anti-Spirit
- Complete singleness in pursuit of self
- Complete rejection of God for self
- Mature fruits and deeds of anti-spirit — Galatians 5:19-21
- Mature expression of complete selfishness
- Growing and thriving anti-spirit, weak and ineffective spirit
- Incapable of repenting from wickedness — Hebrews 6:4-8; Hosea 5:4
- Increasing focus on bodily cares and concerns and less focus on spirit
- Much chaos, much darkness, much evil
- Hardened heart